

## Apple & Cheddar Side Salad w/ Mustard Vinaigrette

### Ingredients

- 8 c. mixed salad greens (organic arugula, spinach, or other green leafy lettuce)
- 1 c. sliced celery
- 1 large red apple, chopped
- 1/2 c. shaved or cubed cheddar cheese
- 1/2 c. toasted chopped pecans
- 1 Tbsp. chopped shallots
- 1 Tbsp. mustard powder
- 2 Tbsp Braggs cider vinegar
- 1/4 tsp. pepper
- inch of sea salt
- 1/4 C. Extra virgin olive oil

### Directions

Combine olive oil, shallots, mustard, vinegar, pepper, and salt. Whisk together and then set aside. This is your dressing!

Toss greens with celery, apple slices, cheese, and pecans. Toss gently.

Right before serving, pour dressing over and toss lightly.